

**Final Year PG Diploma in Ayurveda Regular/Supplementary
Examinations April 2025
Manasik Swasthya Vigyan – Diploma in Psychiatry (Ay.)
Paper II- Manas Swasthya Upakrama Vigyan**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers. Draw neat labelled diagrams wherever necessary*

Essay (20)

1. Explain the therapeutic importance of sodhana chikitsa in managing Psychiatric ailments.

Short essays (8x10=80)

2. Write about jarajanya(senile) manasika vikara and their management.
3. Elaborate the management protocol for learning disorders in children.
4. Discuss on Samanya chikitsa in Manasa roga.
5. Describe about pranayamas, its types and their use in psychiatric disorders.
6. Discuss the scope of Adravya bhuta chikitsa in manasika roga with suitable examples.
7. Elaborate the management of Schizophrenia.
8. Discuss medhyarasayanas and its role in preventing and managing mental illness.
9. Discuss dissociative disorders and their Ayurvedic management.
